

LEARNING SCHEDULE

for _____ prepared _____ to use until _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12 m.							
6 a.m.							
7 a.m.							
8 a.m.							
9 a.m.							
10 a.m.							
11 a.m.							
12 n.							
1 p.m.							
2 p.m.							
3 p.m.							
4 p.m.							
5 p.m.							
6 p.m.							
7 p.m.							
8 p.m.							
9 p.m.							
10 p.m.							
11 p.m.							

LEARNING SCHEDULE WORKSHEET

for _____

 Initial Trial

 First Revision

 Later Revision

		A	B	C	D	E	F	G
CLASS OR LAB	ESTIMATED ATTENTION SPAN	C R E D I T S	ESTIMATED OUT-OF-CLASS HOURS PER CREDIT	TOTAL (A×B)	SCHEDULED PRE-AND POST-CLASS HOURS	HOURS LEFT (C-D)	DAYS TO STUDY (3 TO 7)	ADDITIONAL AVERAGE HOURS PER DAY (E ÷ F)

"Lowest Efficiency" Times: _____

Best "Wake-Up" Time: _____ am

Work (Job) Times: _____

Organization & Activities Times: _____

Minimum Regular Sleep Time for "Alertness": _____ hours per night

Planned "Thoughtfulness" Time: _____ minutes per week

Really Desired "Free" Times: _____

(FOR DECISION-MAKING NEAR "DROP DEADLINE" and IN PLANNING STUDY FOR FINAL EXAMS)

COURSE	DATA					CALCULATIONS				INTUITIVE FACTOR (What do you really think you can do if you honestly try?)
	C R E D I T H O U R S	GRADE			PRESENT AVG. STUDY TIME [hrs / wk]	GRADE AVG. NEEDED*** ON REMAINING WORK FOR:	NEW STUDY TIME NECESSARY FOR:			
		Desired	Minimum Acceptable	Present			Desired Grade	Minimum Grade		
	L E T T E R %	L E T T E R %	L E T T E R %	FRACTION** OF GRADE ALREADY DETERMINED*	Desired Grade	Minimum Grade	Desired Grade	Minimum Grade		

* If in doubt, ask the PROF.

** For example, number of "points" to date divided by total possible "points".

*** Calculate "GRADE AVG. NEEDED" by:
$$\left[\frac{\text{grade ("desired" or "minimum")} - (\text{present grade} \times \text{fraction det'd})}{(\text{fraction remaining})} \right]$$

NEW STUDY TIME =
$$\left[(\text{Present avg. study time} + \text{credit hours}) \times \left(\frac{\text{grade avg. needed}}{\text{present grade}} \right) - (\text{credit hours}) \right]$$