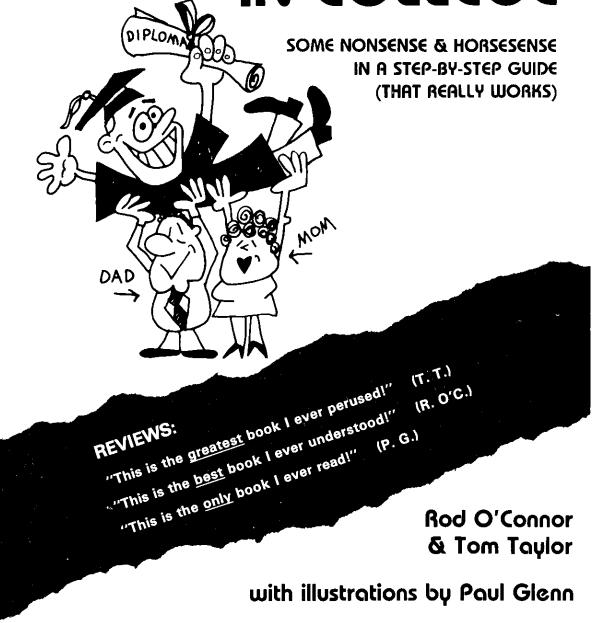
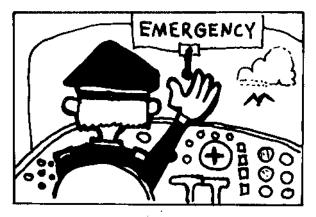
# TOWARD SUCCESS IN COLLEGE



### Overview

This little book is a guide to Best Operating Procedures and EMERGENCY techniques for surviving (well) in college. The chapters generally follow your academic calendar and are of maximum value if used regularly as the term progresses. (If you are a normal human being, just use this book from the chapter corresponding to wherever you are in the academic term, but start reading at Chapter 1.) You should use the "game board" (page vi) as often as necessary. While it is true that the "hardest job is



finding ways to avoid work", we think this book can help you find ways of avoiding unnecessary work and wheel-spinning.

BEFORE CLASSES START (Chapter 1) tells you how to get a good head start on a track that you make free of obstacles. It includes techniques for designing the best arrangement of courses, for preparing a realistic learning schedule, and for setting up an ideal study environment.

THE FIRST WEEK (Chapter 2) tells you how to try a running style that you can modify to fit your needs. It describes preparation for classes, what to do in classes, after-class activities, and effective study habits to build.

THE SECOND WEEK TO THE FIRST EXAM (Chapter 3) shows you how to modify what you started in Chapter 2 so that it really works best for you. It gives you keys to preparing for "the day of truth" (exam day). It helps you identify learning problems and correct them, while reinforcing the things that you're doing right.

THE EXAM (Chapter 4) is geared to having exams work for you, instead of against you. (Convene the firing squad to act as your bodyguards!) Even if you are underprepared for this exam, this chapter tells you how to minimize the damage.

AFTER THE EXAM (Chapter 5) explains how to have good or bad results work for you. (Even a wake can be a good party.) This chapter deals with how to proceed when you're up to your CENSORED in alligators, or how to turn one victory into a winning campaign.

REASSESSMENT TIME/DROP DATE (Chapter 6) is a guide to deciding whether to decrease your course load, redesign your learning schedule, or keep on truckin'. (Before deciding to punt, you really should consider the number of yards to go and how many downs you might have left. But there is a time to punt.)

PREPARING FOR FINALS (Chapter 7) is designed to help you maintain a winning streak or improve a poor situation. (Even if you're six touchdowns behind, there is a best way to proceed.)

SPECIAL PROCEDURES (Chapter 8) discusses particular techniques needed for certain courses. The areas covered are "memorizing", "problem solving", "labs", "writing", "analyzing", and "the library".

NONACADEMIC MANAGEMENT (Chapter 9) deals with some of those things that many students never had to fool with at home . . . . . laundry, checkbook balancing, handling roommate problems, bus passes or parking permits, etc.

BACKWARD-FOREWORD (not to be confused with a retarded basketball player) is found where it belongs—at the end of the book instead of in the usual "up-front" position. Here are some ideas that only have meaning after you've been through part of the academic world and can see beyond the glitter.

## Acknowledgments

We hereby acknowledge our culpability in having pointed thousands of students toward the route to success over the years. It was their dismayed looks when we offered no road map that planted the seeds for this book. It was their trials and tribulations on that uncharted road that allowed us to learn what works and what doesn't work. Thus, the primary credit for the book goes to all those students who permitted us to share in their lives. In particular, very special thanks must go to Mr. Kevin Mazziotta, a student at Texas A&M University, who very critically and perceptively went through the second edition of the book to suggest many of the revisions now included in this edition.

Dr. Charles Leighman, Director of the Texas A&M University Writing Labs, gave us a beautifully clear encapsulation of his vast knowledge for the writing and library sections. Mrs. John Rood of Minneapolis, Minnesota gave us the most careful evaluation of the manuscript. She also is responsible for our maintaining a perspective that addressed *all* students who wish to become more cultivated human beings. Mrs. Linda Tracy devoted many weekends to the prodigious task of assembling the manuscript, for which we are most grateful.

But above all, we must acknowledge the insights and patience of our wives. Those ladies gave encouragement and understanding and were repaid with many days of our absences.

ROC, TET, PG

# The Toward Success in College GAME BOARD

<u>Directions:</u> Find your problem in one of the squares. Then go to the Section(s) indicated. (See Table of Contents for page numbers of Sections.)

REGISTRATION RUNAROUND	FIRST WEEK WEAKNESS	CLASS CHANGE CHAGRINS	TUTOR TREMORS
G Aborn Company	LESS OF		
Can I choose classes? Profs? Times?	Am I doing enough? Too much?	Should I change courses? Times? Profs?	Do I need a tutor? Two? Ten of them?
Go to Section 1.2.	Go to Sections 2.1 & 3.2.	Go to Section 1.2.	Go to Section 3.2d.
SELF-DISCIPLINE DIFFICULTIES	TEST TRAUMA	POST EXAM PULSE THROB	ACADEMIC PROBLEM PROLIFERATION
SONE LATER DAY LATER	E KAM		COBCO (
Can I learn to "get going"?	Will I forget? Will I goof? Will I flunk?	Are they all this hard? (Or this easy?)	I'm behind! I'm lost! I'm scared of failing!
Go to Sections 1.4 & 3.2.	Go to Sections 4.1-4.6.	Go to Section 5.1.	Go to Sections 3.1, 6.1, 8.1-8.6.
DROP DEADLINE DREADFULS	CAREER GOAL CAREENING	PLUG-ALONG POOP-OUT	PERSONAL PROBLEM PROLIFERATION
Should I drop some courses? Change majors?	What do I <u>really</u> want to be?	I'm so tired I can't function!	I'm disillusioned! I'm upset! I'm lonely!
Go to Sections 6.1-6.4.	Go to Section 6.3	Go to Section 3.1 (Table 3.5).	Go to Sections 9.1 & 9.10.
SCHEDULE SKITTERS	HIGH STANDARD HORRORS	INEFFICIENCY INFECTION	FINALS FRIGHT
I need a better schedule, that works!	It's too hard! It's too much work!	Is there a <u>better</u> way to do things?	I'll never be ready! I'm getting more scared!
Go to Sections 3.2 & 6.1-6.4.	Go to Section 3.1 (Table 3.4).	Go to Sections 1.4, 3.1, 3.2, 5.1 & Chapters 8 & 9.	Go to Section 7.1.

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